



45C Post Office Park, Wilbraham, Massachusetts 01095 • www.WilbrahamRec.com

THE WILBRAHAM WHISTLE: E-Newsletter ... August 2026

Our goal is to keep you informed of important information on a monthly basis. For more details on all our family friendly programs, visit www.WilbrahamRec.com or visit Facebook: **Wilbraham Parks & Recreation Department**

CURRENT PROGRAM INFORMATION & REGISTRATION DATES

Summer Programs (Ages vary) - Registration **ongoing** through the summer (ends one week prior to start of camp week)
Karate and LEGO programs with full descriptions, dates, times, and registrations listed on the website.

Adaptive Soccer (Ages 4-10) - Registration **begins August 4th**

The Futsal & Street Soccer Adaptive Soccer Program provides athletes with disabilities (including Level 1 Autism) a supportive and engaging environment to develop their soccer skills, build confidence, and enjoy the game. Designed for players of all abilities, this program emphasizes teamwork, skill-building, and fun through modified gameplay and adaptive techniques tailored to individual needs

Cross Country (Grades 4-8) - Registration **begins August 4th**

Join the fun as we head into our fifth year of cross country. Get out and enjoy and awesome introduction to the most scenic running sport. Practices are tentatively scheduled for Thursdays and Saturday.

Fall Volleyball (Grades 3-8) - Registration **begins August 4th**

This program is a fun, fast paced volleyball program for both beginner and advanced players. The program runs for six weeks on Sundays beginning September 6th.

Fall Tennis (Grades K-12) - Registration **begins August 4th**

Whether you are a beginner with little or no experience or an advanced player who wants to fine tune yours skills, come join experienced tennis coach Evan Gaudreau for some tennis fun!

Stars of Tomorrow Dance (Ages 3-teen) - Registration **begins August 11th**

This is an affordable program where dancers at any level can learn and enjoy the art of dance in a warm and encouraging atmosphere. Classes are age appropriate and are designed to stimulate the love of dance.

Preseason Suburban Basketball Clinic (Grades 5-8) - Registration **begins August 11th**

Shake of the rust and gear up for the Suburban Basketball tryouts! This dynamic program includes small-sided games and various stations designed to prepare players for the suburban basketball tryouts.

Suburban Basketball (Grades 5-8) - Registration **begins August 25th**

This is an exciting competitive level basketball program for committed athletes. Tryouts are required.

ADULT PROGRAMMING INFORMATION

Wilbraham Hiking Club (all ages) - Registration **on going**

Information for upcoming hikes and to register, please download the TeamReach app and use code WHC01095.

Pickleball Lessons (Ages 18+) - Registration **begins August 11th**

Whether you are new to the game of pickleball, or a seasoned player, we offer lessons for both levels. 4 week lesson sessions begin September 13th for beginner and intermediate players

Dog Obedience Training (Ages 18+) - Registration **begins August 18th**

Heather Hitchcock from Essential Canine, leads both a puppy beginner and second level obedience class on Wednesday evenings at Memorial School.
