

# **2023 FALL CROSS COUNTRY**

**Registration Dates: August 1 – August 20** 

(\$10 Late fee starts on 8/21) (\$20 Late fee starts on 8/28)

	D.O.B/_	/	AGE:	GR:	
ADDRESS:		HOME PHONE:			
PARENT NAME:	CELL:				
PARENT NAME:	CELL:				
EMAIL ADDRESS #1	EMAIL ADDRESS #2				
*Coaches communicate primarily through email, please check yours daily	*				
PLEASE INDICATE <u>COACHING INTEREST</u> BY CIRCLI NAME: GRADES 4 - 8 \$50 Wilbraham Res					
WAIVER: I, the undersigned parent and/or guardian of consent to my child's participation in voluntary recreational pro- the Town of Wilbraham, and the H.W. School District their serve participating in voluntary recreational programs of the Town of in the past, or may arise in the future, directly or indirectly, from participation in the Town of Wilbraham voluntary recreational p	grams of the Town of Wilbraham. ants, officers, officials, employees, Wilbraham from any and all claims n personal injuries to my child or pr	agree not t agents and rights of ac	to sue and also a ("the releasees") ction and causes	gree to forever release ) assisting or	
been asserted in the past, or may be asserted in the future, dire resulting from my child's participation in the Town of Wilbrahan Release Form and that I understand the contents of this form. I child and I are free to choose not to participate in said programs the Town of Wilbraham's athletic recreational programs with fu property damage my child or I may suffer in voluntary Town of V	asees against any and all legal clair ctly or indirectly, arising from person n voluntary recreational programs. understand that my child's particip s. By signing this form, I affirm that Il knowledge that the releasees wil Wilbraham recreational programs. ment by the registration deadline, ye gram is based on the enrollment, n ken of my child and put on the WP RD in writing prior to the start of th ction is done by the designated date unning on time.	nal injuries I further af ation in the I have decin not be liab ou will recei o refunds w RD or other e season as	eedings of any d to my child or p firm that I have n ese programs is v ded to allow my le to anyone for ve a refund minu ill be given once websites or in p well as coach an	om my child's escription that may hav property damage read this Consent and voluntary and that my child to participate in personal injuries and us a \$5.00 registration has ended. rinted	
<ul> <li>RELEASE: For promotional purposes photos/videos may be ta material. I understand it is my responsibility to notify the WPF photographer if my child is not to be photographed.</li> <li>LATE FEES: Late fees are implemented to encourage registrat teams and assign coaches, etc. in order to get the program registrat</li> </ul>	asees against any and all legal clair ctly or indirectly, arising from person n voluntary recreational programs. understand that my child's particip s. By signing this form, I affirm that Il knowledge that the releasees wil Wilbraham recreational programs. Thent by the registration deadline, yu gram is based on the enrollment, n ken of my child and put on the WP RD in writing prior to the start of th tion is done by the designated date unning on time. allergies/restrictions*	nal injuries I further af ation in the I have decin not be liab ou will recei o refunds w RD or other e season as	eedings of any d to my child or p firm that I have n see programs is v ded to allow my le to anyone for ve a refund minu ill be given once websites or in p well as coach an t. can order supp	om my child's escription that may hav property damage read this Consent and voluntary and that my child to participate in personal injuries and us a \$5.00 registration has ended. rinted	

DATE:\_\_\_\_\_\_ TOTAL PAID: \_\_\_\_\_\_ CHECK #\_\_\_\_\_ CREDIT CARD\_\_\_\_\_\_

Checks made payable to: Town Of Wilbraham / Cash not accepted

## Wilbraham Parks & Recreation Programs Adult Code of Conduct Contract

I herby pledge to provide positive support, care and encouragement for my child and other children participating within this program by following this Code of Ethics to help establish a positive experience for all players, coaches, and families involved.

- I will encourage and demonstrate by example the importance of good sportsmanship and positive support for all players, coaches, and officials at practices and games.
- I will place the emotional and physical well-being of my child over my personal desire to win.
- I will assist in a drug, tobacco and alcohol-free environment.
- I will assist in teaching my child that rules are important and must be followed.
- I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.
- I understand that verbal and physical abuse including profanity and foul language is not to be tolerated against anyone in this organization.
- I understand that racial epithets or negative innuendo related to a person/players race, religion or ethnicity will not be tolerated.
- I will respect all officials, coaches and volunteers.
- I will not approach a coach, before, during or after a game, and I will wait 24 hours before speaking with a coach.
- I will not create conflict by slander, malicious rumors or threats, nor will I entice others to do so either verbally or through social media

### **\*\*IMPORTANT NOTICE\*\***

#### I understand that both my son or daughter and I will be fully committed (attending practices and games) and supportive of the Wilbraham Program.

It is the expectation of this Commission that both parent and coach should always act in a manner exemplifying the varying attributes that are instilled in the participants by various programs of the Wilbraham Parks & Recreation Department. We expect parents to treat others as you know they should be treated and as you wish them to treat you.

At no time should a parent or coach confront each other before, during or after a contest or practice. Furthermore any such contact in the presence of children will call for immediate sanction by the Commission.

Any concern(s) between parent and coach should follow the guidelines established by the agreement where:

- 1. Concerns are brought to the attention of the Director of the Wilbraham Parks and Recreation.
- **2.** Parties will be allowed to speak with the Director.
- **3.** Should the Director and Party(s) reach an impasse, this matter shall than be presented to the Commission.
- **4.** Each Party shall be given an opportunity to present the matter before the Commission.
- 5. Once each Party has presented, the Commission shall within a specified time announce its decision

The Commission strongly discourages the use of any social media to broadcast thought and judgments which may bring hurt upon any/all involved. Broadcasting disparaging remarks and opinions (directly or indirectly) about a coach, parent or athlete are strongly discouraged by the Commission.

It is the hope that the execution of this document will discourage any/ all behavior which may be detrimental to the children and citizens of the Town of Wilbraham.

By signing below, I understand that if I violate any of these Codes of Ethics it will affect my/our participation in any activity for not less than the balance of the current season, or as determined by the Wilbraham Recreation Department and/or Commission.

#### Your signature constitutes acknowledgement by both spouses/guardians/step parents of agreement to abide by the rules and regulations stated above.

Signature: \_\_\_\_\_\_

Print Name: Date:

Player Name(s) \_\_\_\_\_ Grade: \_\_\_\_\_