

Title: Tuesday – Low Moderate Hike and Optional BYO Lunch at Mill River Conservation Area in North Amherst– relaxed pace

Date: Tuesday, March 14, 2023 **Time:** 10:30 AM **End Time:** about noon for the hike. The hike will be followed by an optional byo lunch on the green near the trailhead. Please bring something to sit upon if you are going to join the group for lunch.

Description: Come explore a beautiful set of hiking trails, ponds, river walks and yes! a waterfall! Trails are mostly flat. The area also has a rather steep trail to the top for a view.

*****Please refer to <https://www.wilbraham-ma.gov/304/Wilbraham-Hiking-Club>** for things to keep in mind on all hikes. Remember that no dogs, except service dogs on leash, are allowed on town-sponsored hikes.

Length: 2 - 3 miles, depending on which paths we take **Pace/Duration:** relaxed

Terrain: rocks and roots **Cumulative Elevation:** about 400 feet

Difficulty: 8 – low end of moderate as calculated at <http://www.nwhiker.com/HikeEval.html>

Gear: hiking boots; microspikes are needed if conditions are icy.

Leader/Contact: Leader: Dawna Jenne, coordinator/contact Sue Burk, smburk43@gmail.com 413-530-3434

Where to meet: at the green near Cushman’s Grocery & Cafe in Amherst; park in available areas near the green

Directions to event: 491 Pine Street Amherst will put you near Cushman’s and the green, which is across the street from it.

Info about the site and map: The AllTrails map for the Mill River Recreation Area includes the trails which we will be taking:

[https://www.alltrails.com/explore/us/massachusetts/amherst?b_tl_lat=42.42242808451863&b_tl_lng=-72.53313174531449&b_br_lat=42.407936079898235&b_br_lng=-72.49689696542639&mobileMap=true&ar\[\]=10142818](https://www.alltrails.com/explore/us/massachusetts/amherst?b_tl_lat=42.42242808451863&b_tl_lng=-72.53313174531449&b_br_lat=42.407936079898235&b_br_lng=-72.49689696542639&mobileMap=true&ar[]=10142818)